

Fees & Working With Dental Insurance

We will discuss all fees in advance of any treatment and arrange for you to fit the costs into your family's budget. Generally an initial payment is made prior to placing any appliances and monthly payments are made during the course of treatment. As an unrestricted office, we can work with virtually any dental insurance program to help you get every benefit you are entitled to.

Our State-of-the-Art Office For Quality & Convenience

Our office is designed to make visits pleasant, including our iPad bar and big screen TV's. We have the newest and best orthodontic systems including Clear Braces, Damon System Braces, and Invisalign®, to make treatment comfortable and minimize the time of treatment. With Dental Care of Stamford for adults and Dental Care Kids for children in the same building, you can even combine visits such as cleanings or visits for other family members to save a trip.

Office Hours & Appointments

Along with work and school commitments, we want to fit orthodontic visits into everyone's busy lifestyle. We open early in the morning for before school/work appointments and late afternoon and into the evening for after school/work appointments. To accommodate our patients we ask that longer appointments for putting on braces or consultations be scheduled out of the high traffic before/after school/work hours as much as possible and the afternoon appointments be reserved for the shorter adjustment appointments.

The Team at Dental Care Orthodontics

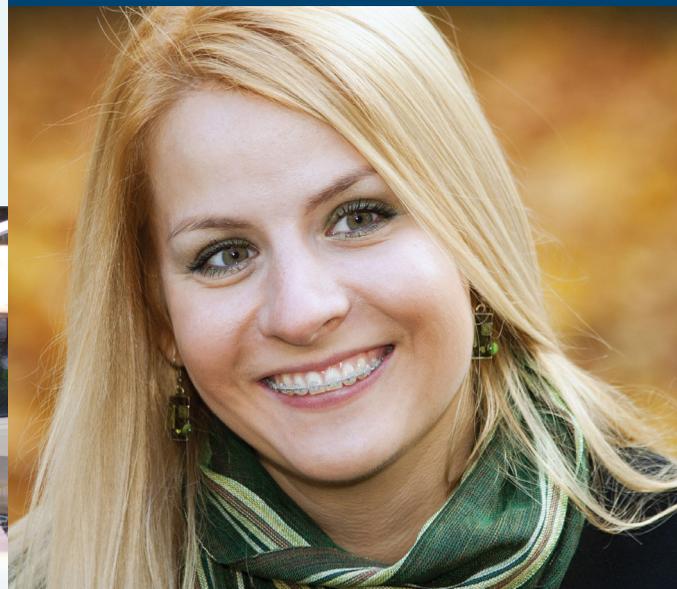


Orthodontic specialists have extensive training in all the aspects of tooth movement. Continuing education is devoted to keeping up with the latest advances in orthodontic treatment.

Please visit our web page: DentalCareOrthodontics.com to read the biographies of our orthodontists. Use your smart phone QR Code Reader App to click on the QR code for DentalCareOrthodontics.com



The Dental Care Orthodontics Advantage



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Our Commitment

Our commitment is to help our patients to have a healthy bite and a beautiful smile. Our professional staff strive to make your treatment as pleasant as possible in a friendly and positive environment.



1500 Summer St.
Stamford, CT 06905
We cordially invite you to call
(203) 324-6171



www.DentalCareOrthodontics.com



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The Benefits of Orthodontic Treatment

Better Health

The mouth and teeth are among the most complicated systems in the body. Teeth that don't fit correctly can lead to worn, loose or broken teeth and damage the jaw joints leading to head, neck or facial pain. Teeth that are crooked and crowded allow plaque to collect that can lead to periodontal disease.

More Attractive Smiles

Many studies have shown that the face is the most important factor in evaluating a person's attractiveness. The smile is considered the central feature. While you should not judge a book by its cover, people who are considered to be more attractive are thought to be smarter, get better jobs, more promotions and generally have a healthier self-image.

For Most People, Mother Nature Needs Some Help

Teeth start to develop before birth. When a child reaches 12 years of age, we expect that the top teeth have grown down; the bottom teeth grown up and everything fits together and looks nice, at the same time as the jaw joints line up. This usually doesn't happen by all by itself.



Options for Treatment

We always consider our patients' desires and the mechanics of tooth movement. Everything has pros and cons.

Regular Braces (Damon® System Braces)

These consist of wires to move the teeth and brackets to hold the wires.



Good Part: Since we place the appliances where we want and adjust them periodically, the patient doesn't have to do much other than change elastics, do their home care and show up for adjustments. Tooth-colored brackets and wires really don't show that much.

Not So Good Part: They do show a little and you have to be careful with eating and sports.

Invisalign®



For adults and sometimes teenagers. It's a series of clear "aligners" that look like bleaching trays that are changed every few weeks to move the teeth. The technology is amazing. There is a lot of video information on our web page for the details.

Good Part: They are virtually invisible on your teeth. You take them out for eating and flossing, so home care is a breeze and there are no food restrictions

Not So Good Part: We don't have quite as much control of tooth movements so Invisalign® is not for every case. You have to remember to wear aligners 22 hours a day.

When to Start Orthodontic Treatment

For Children



The American Association of Orthodontics recommends we screen children by age 7 to take advantage of the growth potential of a young child rather than waiting until all the permanent teeth are in. Early orthodontic treatment can catch problems such as crowded or crooked teeth and correct them to avoid major problems. We do free checks when kids come to Dental Care Kids for check-ups (if an orthodontist is available).

For Adults



It is never too late to have a better bite and a nicer smile. Some adults never had the benefits of orthodontic care and some had teeth shift after treatment. Orthodontic procedures have improved and with tooth-colored braces, titanium wires and Invisalign®. Tooth straightening can be done easier and faster. Our adult patients can feel comfortable on the quiet side of the reception room sipping a bottle of water and checking their emails.

Getting Started

We'll meet to understand your concerns and see if orthodontic treatment is appropriate. The next step is taking photographs, making molds of your teeth and special x-rays to study your case. Then we can present a complete treatment plan and answer all of your questions about treatment options, timing, fees and anything else.

During Treatment

Emphasis on Communication

We will explain what and why we do what we do and encourage our patients, and parents, to ask any questions to be an active part of the process.

Visit DentalCareOrthodontics.com to help familiarize yourself with our office and procedures. The reception room with fun movies and the iPad bar is designed so children and adults can meet and share experiences.

Emphasis on Cooperation

For the best results we all need to do our part. Patients need to keep their regular appointments every 4–6 weeks for adjustments and to do their part such as wearing elastics or removable orthodontic appliances at home.

Keeping Healthy During Treatment

We don't want to get your bite aligned and smile beautiful and wind up with gum infections or a bunch of cavities. During orthodontic treatment you need:



Consistent Home Care:

Orthodontic appliances (other than Invisalign®) are plaque traps that breed bacteria that can cause gum inflammation, decay and mouth odors. Brushing after every meal is essential but NOT ENOUGH. Flossing and using an oral irrigator (WaterPik) is essential to keep the plaque off.

Professional Cleanings Every 3 Months: To remove the plaque around brackets and wires that is missed with even the best home care.

Regular Check-ups: Are super important during orthodontic treatment to catch any cavities that might develop. With hygienists in the kid's and adult offices right here, it's easy to have regular cleanings and check-ups during treatment.

Living With Braces

Eating: Braces are fragile so we ask you to avoid foods and snacks that can bend the wires or loosen brackets. Braces only work if everything is in place so please take a second to think if what you are about to eat might damage your braces. Hint: if it's very hard or gooey, don't.

Sports & Activities: Active patients need to be aware of the appliances in their mouth. Obviously tennis and golf are less risky than football and karate. Tell us what you enjoy doing and let us give you some hints for sports safety.